

Appendix

The preceding paper was the basis for the editorial and the report which appeared in PULStipp magazine (No 11, 6 November 2001, Zurich):

Suspicious dentist now believes patients

Editorial

By Urs P. Gasche

Headaches, migraine, neck tension and gastro-intestinal ailments had disappeared in almost all of 52 female and 23 patients. Some also felt as if all joint or back pains, allergies or visual disturbances after having the amalgam fillings removed from their teeth had been blown away.. For Paul Engel, a Swiss dentist from Biel, this is “an almost unbelievable result”. Never would he have expected such an outcome after having treated his patients with amalgam for twenty years. He had considered the use of amalgam fillings before as “highly reliable”.

Therefore, he remained extremely skeptical when some of his patients wished to have their intact amalgam fillings replaced with composites. All these patients suffered from health problems. But they had heard from friends or in medical broadcastings (e.g. “Kassensturz” in Swiss TV) that mercury vapors from amalgam fillings could have toxic effects by certain patients. The suspicious dentist agreed remove their amalgams but decided to keep a exact record of these patients’ health.

Today there is no doubt for him that amalgam fillings had been responsible for headaches, migraine, neck tension, gastro-intestinal problems and other ailments as well. Even soon after amalgam removal 60 out of the 75 women and men were feeling “much better” or at least “better”. Today - several years later - the lost aches and pains have not reappeared. New patients with resembling experiences – up to 160 total - have come to similar conclusions concerning their health improvement (see the following report by Claudia Peter) . In the meantime, Paul Engel is convinced that amalgam not only accounts for 5 percent of people’s sicknesses. With much concern he asks himself “How many with similar health problems are there in my other patients?”